



Jewish Family Service
OF NORTHEASTERN PENNSYLVANIA



2016-2017

**ANNUAL
REPORT**

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Jewish Family Service
OF NORTHEASTERN PENNSYLVANIA

Commitment to Community

Jewish Family Service of Northeastern Pennsylvania (JFS) has been there as a local human service organization serving both the Jewish and the broader community for over 100 years helping people with real needs who need real support.

Mission

Jewish Family Service is a human service organization, which reflects the Jewish tradition of caring and compassion for all people in need. Through professional counseling, advocacy and educational programming, our services seek to enhance and strengthen the quality of individual, family and community life.

Objectives & Goals

- Help build strong and satisfying family life.
- Provide remedial and rehabilitative services to individuals and families whose healthy functioning is being threatened or already deteriorating.
- Promote and preserve the dignity, self-respect and independence of the individual to the fullest extent possible.



From the
Executive Director & President

Building a stronger community and improving the quality of life for others is the core of our mission and has been since our establishment in 1915. Today hundreds of people turn to JFS every year to achieve well-being, health and stability. Clients come to our agency from multiple sources such as schools, physicians, psychiatrists, community mental health centers, the court system and from referrals from other clients who have benefitted from our services. JFS addresses the clients concerns with professionalism and compassion and collaborates with our community partners and funding sources to achieve the desired outcomes and improve family functioning.

JFS has been here to make sure that no one must face their difficult moments alone. Our agency continues to evolve and grow our programs and services to meet those needs. We have been here for all of those who need our services whether it is an elderly person with a serious illness or a teenager uncertain about how to handle bullying at school. The requests vary as all of our needs are different, but the thing that remains the same is that JFS is here for everyone no matter what the difference is because we are part of a community and we are here to help.

JFS is in a strong position to face the continued work ahead of us due in large part to how many of you have joined us in our mission to be there for others in need, but there is still much work to be done and we must plan for the future. Your support and charitable efforts directly benefit those in need and JFS could not help others today or tomorrow without community support.

A community is too heavy for anyone to carry alone. JFS thanks you for helping us, help others.



Sheila Nudelman Abdo

Sheila Nudelman Abdo, ACSW, LCSW
EXECUTIVE DIRECTOR



Eric Weinberg

Eric Weinberg
PRESIDENT

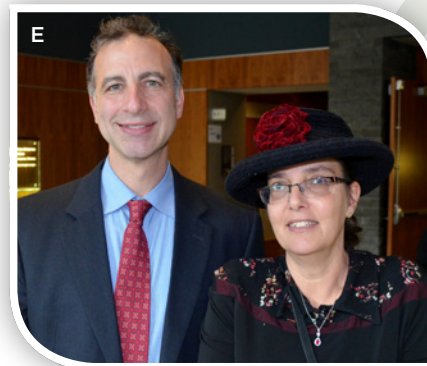
2nd Annual Recognition Event

COMMUNITY Matters

May 24, 2017

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A. Morey and Sondra Myers and Jim and Lynne Brown
 B. Mayor David and Janet Wenzel
 C. Lou and Barbara Nivert
 D. David and Molly Rutta
 E. Joel and Leah Laury

2016-2017 Highlights



Sheila spent time on the radio with Darren Headrick on August 18, 2016 at the Scranton/Wilkes-Barre RailRiders; JFS was the Community Organization of the Game.



Maggy and Lorraine meet with visitors at the Lackawanna County Senior Health Fair at PNC Field on September 16, 2016.



For the 2nd year JFS was proud to be a part of Scranton Area Community Foundation #NEPAMatchDay. JFS joined with 24 other local nonprofits, Match Day was held on May 5th, 2017.



Nicole and Don spent time at John Adams Elementary this past year as part of the Neighborhood Under One Roof/Children's Produce Market. Helping to serve the families of Adams, Bancroft, Prescott & Morris Elementary.



JFS received a donation from Munley Law from the firm's Dress-Down Friday program. Jewish Family Service was selected as the January 2017 recipient. Caroline Munley and Maria Elkins visited the JFS offices with a check presentation.

Justin Davis, Chief Executive Officer, Commonwealth Health/Moses Taylor Hospital/Commonwealth Health Regional Hospital of Scranton and Chair of the 2016-2017 United Way of Lackawanna and Wayne Counties Campaign presenting the Platinum Hand Award to the Employees of Jewish Family Service in recognition of superior commitment to the people of our community through the highest level of employee giving!



JFS was presented with a \$25,000 check for the grant received by AllOne Charities for the Fall 2016 Grant Cycle. The focus of the grant was to assist expansion of outpatient behavioral/mental health counseling services to Lackawanna, Luzerne, Monroe, Wayne, Pike, Wyoming, Susquehanna, and Bradford Counties.

JFS Presidents

1915 to Present

Samuel Samter*
1915-1918

Louis Oetinger*
1918-1939

Leon Levy*
1939-1949

Bert Linder*
1949-1951

Albert Margolies*
1951-1954

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1954-1957

Emanuel Laster, Esq.*
1957-1960

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1960-1963

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1963-1966

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1966-1969

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1969-1972

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1972-1975

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1975-1978

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1978-1980

Seth S. Gross
1980-1983

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1983-1985

Donald G. Douglass, Esq.
1985-1987

Bernardine Kaplan*
1987-1988

Dr. Stephen Rosenthal*
1988-1989

Richard S. Bishop, Esq
1989-1991

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1991-1994

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1994-1996

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1996-1998

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1998-2000

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2000-2002

Richard I. Schwartz
2002-2004

Jerome Klein*
2004-2006

Robert Ballot
2006-2007

Alan Smertz
2008-2011

Barbara Nivert
2011- 2013

Susan Blum Connors
2013 - 2015

Jay Landau
2015 - 2016

Eric Weinberg
2016 - Present

*Of Blessed Memory

Legacy Donors

JFS recognizes our Legacy Donors who have informed us of their intent to leave a bequest to JFS, those of blessed memory who have already left such a gift and those who have made a monetary gift to a JFS Endowment in their lifetime.

Sheila Cutler

(In Memory of her father
Frank R. Nutis)

Faye Bernstein

(Estate Gift)

Evelyn Berger

(Estate Gift)

Ruth Stahler Davis

(Estate Gift)

Jerome H. Denner

(Estate Gift)

Joseph Ecker

(In Memory of his wife
Pearl Ecker)

**Sheri & Barry
Finkelstein Fund**

(Legacy Endowment
Fund)

Ann Moskovitz

(In Memory of her husband
I. Leo Moskovitz)

Moses Fragin

(Estate Gift)

Miriam E. Friedman

(Estate Gift)

Mae S. Gelb

(Estate Gift)

Jerome Edward Giles

(Estate Gift)

Marcy Taylor

(In Memory of her mother
Ann Levy Goldberg)

Anonymous

(Estate Gift)

Filmore Rosenstein

(In Memory of his wife
Jean Rosenstein)

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 *Mr. & Mrs. Paul Alamar
 Mrs. Irwin Alperin
 Mrs. Jeanne Atlas
 Mr. & Mrs. Mark Berger
 *Ms. Faye Bernstein
 Atty. & Mrs. Richard Bishop
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 Mr. & Mrs. Barry Weiss



My father Dr. Stephen Rosenthal had a long relationship with JFS, as well as serving as JFS President in 1988. I too developed a relationship with the staff at JFS and learned to appreciate the amazing work JFS does for the community. Upon his passing the Dr. Stephen I. Rosenthal Healthy Family Fund was created at JFS. My father's relationship with JFS

has now created a new relationship for me with JFS. Much like my dad before me I wanted to make sure that my support of JFS lives on by designating as part of my retirement funds, JFS as a beneficiary.

- **Betsy Rosenthal**

Florence Grossman
(Estate Gift)

**Dr. Harry &
Joyce Kroll Estate**
(Estate Gift)

Donald Telesca
(Estate Gift)

Libby Myers
(Estate Gift)

**Barbara Sapsowitz
Fund**
(Legacy Memorial
Fund)

Betsy Rosenthal
(Legacy Beneficiary
Gift)

For more information, or if you have designated JFS as a beneficiary and would like your name added to this list, please contact:

Sheila Nudelman Abdo, Executive Director
(570) 344-1186
snabdo@jfsnepa.org

**Of Blessed Memory*

Mental Health/ Counseling Services

Jewish Family Service provides confidential, professional counseling services for families, couples, individuals and groups experiencing a variety of problem areas. Treatment areas include addictions, domestic abuse, depression, panic and anxiety disorders and adjustment difficulties. Relationship enhancement skills are also provided to improve communication, parenting, self-esteem and general quality of life. Information and referral to community resources are also offered.

Jewish Family Service is a participating provider with many insurance companies and accepts Medicare and Medicaid. Sliding fee scale is also offered based on family size and income.

Our social workers are licensed clinical social workers in the State of Pennsylvania. Jewish Family Service is accredited in its counseling service by the Council on Accreditation.

Last year JFS
provided mental
health services to

284
INDIVIDUALS
COUPLES &
FAMILIES

experiencing
challenges in
their daily living.

Don is one of the many counselors at Jewish Family Service. I'm only one of his many clients. Don tries his very best to help everyone. I usually hide my feelings and don't like talking to anyone (including my family) but Don usually makes me feel better, so I talk to him. Don respects me for the things I like that he never will, not like anyone else. He's been my counselor for about 3 years and has never failed me.

- J. D. age 11

DentalCare Center

The Non-Sectarian DentalCare Center has been part of Jewish Family Service since 1920. This unique service is one of only two such clinics affiliated with a JFS in the United States.

Jewish Family Service administers the DentalCare Center in partnership with licensed volunteer dentists from the Scranton District Dental Society and Fortis Institute to provide professional dental services. All treatments are provided in private dental offices with initial examination and diagnosis at Fortis Institute Dental Hygiene Clinic, Scranton. Care includes a complete dental examination, x-rays, prophylaxis, restoration and extractions. Specialized services such as endodontic, periodontal and oral surgery are also offered.

“I truly appreciate the programs offered by JFS. My dental care has greatly improved thanks to services with Fortis and the JFS Dental Care Clinic.”

Residents of Lackawanna County are eligible for services if they are financially unable to afford dental care. Eligibility is determined by a screening and application process completed by Jewish Family Service. The majority of patients receiving dental services have at least one family member employed, is on unemployment, supported by Social Security or supported by Social Security Disability benefits.

**Over the past 10 years
JFS has provided over
\$400,000
worth of free dental care
for eligible Lackawanna
County residents.**



Thank you

to the Scranton District Dental Society and Fortis Institute Dental Hygiene Clinic and the following dentists for volunteering your time and services to the DentalCare Center.

Dr Fred Bonacci
Dr. Harry G. Boyle
Dr. Andrew Brown
Dr. Justin Burns
Dr. Corey Chmil
Dr. John Cottone
Dr. Amy Cravath
Dr. Frank Di Noia
Dr. John F. Erhard III
Dr. Bryan Frantz
Dr. Louis Genello
Dr. Mark Giallorenzi
Dr. Joseph Gronsky
Dr. Stephanie Hanyon
Dr. Patrick Hayes
Dr. Albert Hazzouri
Dr. Joseph Kelly, Sr.
Dr. Joseph Kelly, Jr.
Dr. Brian Kerr
Dr. Christopher Kotchick
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Dr. William Marchese
Dr. John Mariotti
Dr. Kenneth Miller
Dr. Kristin Paoli
Dr. Samuel Prisco, Sr.
Dr. Samuel Prisco, Jr.
Dr. J. Anthony Quinn
Dr. Michael Ratchford
Dr. Susan Rink
Dr. Michael Salvia
Dr. Stephen Solfanelli
Dr. Jan Stampien
Dr. Charles Scrimali
Dr. Susan Thomas
Dr. Gary Wadsworth
Dr. Kurtis Wadsworth
Dr. Matthew Zale

Older Adult Services/ Case Management

The purpose of the Older Adult Program at Jewish Family Service of Northeastern Pennsylvania is to promote and preserve the dignity, self-respect and independence of the individual to the fullest extent possible. The Older Adult Program assists individuals and their families in making choices that foster maximum independence in daily living.

Licensed Social Workers and experienced, compassionate volunteers work together to coordinate services for eligible individuals. Consultations are by appointment. Evening hours and home visits are available.

Fees for service will be charged according to a set fee or a sliding scale based on family size and income. No one will be denied service because of an inability to pay a fee.

Some services may be covered by your health insurance or Medicare.

95%

of the elderly served maintained their maximum level of functioning by meeting individual goals and objectives.

Services provided through the Older Adult Program include:

- Case Management
- Counseling Services
- Home Visits and Telephone Contacts
- Educational and Support Groups
- Consultations with Families
- Referral for Kosher Meals on Wheels
- Referral for In-Home Services
- Coordination of Supportive Services
- Assessments and Personalized Care Plans
- Information and Referrals
- Emergency Financial Aid

I started coming to JFS after moving to the area, when I moved here I did not know anyone. I had low self-esteem and was depressed and unhappy in general. When I began counseling my counselor helped me see I was way too hard on myself, they helped me see that I must start taking an interest in my community, perhaps find some hobbies and enjoy my life more by doing things that made me feel good.

The counseling I was getting helped. I did begin taking an interest in my community and in fact started several hobbies. This enjoyment helped me change from feeling depressed all the time to being a happier person. Since then I do continue to see my counselor once a month and it helps me to be a more stable person.

My counselor has helped tremendously in my ability to stop and think problems through on a stable adult level. The depression isn't there anymore and it has helped me be a whole person and enjoy my life.

- Sherry, age 75

Adult Guardianship of Person

JFS provides comprehensive Guardianship of Person Service to those individuals who have been determined by the court to be incapacitated and no longer able to make their own life decisions.

Jewish Family Service's duties as Guardian of Person include making daily decisions about the individual's personal affairs, maximizing his/her right to self-determination, and:

- Asserts the rights and interests of the individual
- Respects the wishes and preferences of the individual to the greatest extent possible
- Encourages the individual to participate to maximum extent of his/her abilities in all decisions
- Provides required documentation to the court in a timely fashion
- Visits with the individual once a month and more frequently as needed
- Is available 24 hours a day, 7 days a week

The Coordinator of Older Adult Services, a Licensed Clinical Social Worker in the Commonwealth of Pennsylvania is certified as a National Certified Guardian by the Center for Guardianship Certification. JFS is accredited by the Council on Accreditation for Guardianship of Person Service.

Referrals may be made by individuals within the community, hospitals, long-term living facilities, physicians, attorneys, the court and social service agencies.

The Guardianship Service is a fee for service program. All guardianship fees are reported to and approved by the court.

This program is funded, in part, by the Pennsylvania Department of Aging and the Lackawanna County Board of Commissioners through the Lackawanna County Area Agency on Aging.

IN THE PAST YEAR

21 Individuals were provided guardianship of person services through a contract with the Lackawanna County Area Agency on Aging 24 hours a day, 7 days a week.

Kosher Meals on Wheels

JFS, in cooperation with Meals on Wheels Office of Northeastern Pennsylvania and the Jewish Home of Eastern Pennsylvania, delivers kosher meals to those in need.

Kosher Meals on Wheels (KMOW) are available to those people in our community who adhere to Kosher dietary requirements. The program serves those who are temporarily or permanently disabled and who require outside support in order to function independently at home.

Kosher Meals on Wheels provides adequate, well-balanced, home delivered meals to homebound people who are unable to shop for and unable to prepare meals for themselves.

Volunteers delivered over

1,700

kosher meals on wheels to frail and homebound elderly in the past year.

The meals are prepared at the Jewish Home of Eastern Pennsylvania under Kosher dietary guidelines. Kosher Meals on Wheels is able to accommodate most special diets, such as diabetic, low salt, low fat, chopped, etc.

Recipients are billed monthly for the Kosher Meals on Wheels. Funding for meals may be available from the Lackawanna County Area Agency on Aging for senior citizens who have a lower income and meet the full guidelines.

I've been delivering Kosher Meals on Wheels for JFS for almost a year. I look forward to waking up early every Friday morning so I can see all of the friends I have made in the Jewish community here in Scranton. Delivering Kosher Meals on Wheels to me is much more than feeding the hungry, the elderly, or the needy. It's become about finding 10 minutes or so to make someone's day. I am always excited to see the familiar faces on my route, and to have a nice conversation with them to start their day. I am a firm believer that no matter what we are going through in life, whether it be positive or negative, engagement with the community and something larger than yourself can be as joyful as it is heart-warming. My time with Kosher Meals on Wheels reminds me how powerful a smile and a friendly face can be to someone who needs it most.

- Jordan Alter



Mae S. Gelb Kosher Food Pantry

The Mae S. Gelb Kosher Food Pantry, established in January 2001, was developed to provide assistance with food and other necessary household items to families and individuals during times of significant financial stress.



Clients include the elderly who may be isolated and living on a limited income, unemployed adults in need of interim assistance and members of our community who are struggling financially due to difficult family situations or declining health.

Clients can make a self-referral to the Kosher Food Pantry or may be referred by family, friends and/or other social service agencies. If a client is known to this agency and receiving services in another program area, their social worker may also refer.

An appointment must be made with an agency social worker to complete a Kosher Food Pantry screening form. If determined that the client is eligible for pantry services, the worker will accompany the client to shop in the pantry area.

The Food Pantry is supported by donations from the Gelb Foundation, generous community members, synagogues and other Jewish organizations.

Holocaust Survivors Assistance

Holocaust Survivors Assistance Services are designed to help elderly survivors of the Holocaust live their remaining years safely, with dignity, and as independently as possible. Jews who resided in European countries that were subject to Nazi rule and control between 1933 and 1945 are eligible. All others affected by Nazi persecution are eligible for services as well.

The purpose of the program is to stabilize, if not to improve, the mental and/or physical status of those affected by Nazi persecution. Clients may make a self-referral or may be referred by family, friends and/or other social service agencies. Counseling services are provided to address needs specific to Holocaust survivors and their families.

Through grants received from the Conference on Jewish Material Claims Against Germany, Inc., Emergency Financial Aid is distributed according to their specific guidelines, which include approval from the Holocaust Survivor Advisory Committee established for this program.

Training is provided to caregivers who come in contact with Holocaust survivors. The goal of this training is to increase their knowledge of the scars that remain with survivors and to make them aware of possible stressful situations that trigger painful memories for the Holocaust survivor.

Financial Aid & Holiday Assistance

Short-term financial assistance for rent, utilities, food or other emergency needs is provided for individuals and families experiencing financial difficulties.

The Holiday Assistance Program ensures that the beauty of the Jewish Holidays is shared throughout the year.

Family Life Education

JFS offers education and enrichment through lectures, guest speakers and workshops on topics relevant to family life, Jewish identity and current issues.

A Very Special Thank You

TO OUR 2016-2017 VOLUNTEERS

Jordan Alter
B'nos Yisroel
Girls High School
Sam Flexer
Rick Gelb
Murray Glick
Janet Holland

Harold Kornfeld
Jeff Leventhal
Marlene Lieber
Mazal Minkoff
Marshall Needle
Molly Rutta
Sonia Sandhaus

Suzanne Severe
Marsha Ufberg
Millie Weinberg
Tova Weiss



Volunteer Services

JFS volunteers act as drivers and runners for Kosher Meals on Wheels, friendly visitors, shoppers for our Kosher Food Pantry and assist with preparing and delivering holiday gift projects to the homebound.

Volunteers who deliver the meals are interviewed and screened by Jewish Family Service. These volunteers not only bring a nutritious meal to your home, but also provide a friendly greeting and an important safety check for each individual who receives a meal.



Are you looking for a volunteer opportunity or perhaps you have a hobby you would like to share with others? Volunteers are always needed at JFS. Let us help you pick your project.



HELP JEWISH FAMILY SERVICE OF NORTHEASTERN PENNSYLVANIA PROVIDE SERVICES TO OUR NEIGHBORS IN NEED BY DONATING YOUR USED CAR.

- *Fast, Free Pick-up and Towing*
- *Receive a Tax Deduction for your Donation*
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Visit www.jfsnepa.careasy.org for more details

Leadership Donors 2016/2017

We thank these exceptional donors for their leadership in giving.

\$25,000 to \$100,000

AllOne Charities
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ALAN'S
FAMOUS BRANDS MENSWEAR

Jewish Family Service of Northeastern Pennsylvania is extremely grateful for the generous support received from the community during the 2016-2017 Membership Campaign. Contributors to our Membership make the work performed by Jewish Family Service possible, and we are extremely proud to recognize them. This listing includes gifts received July 1, 2016 through June 30, 2017.

Membership Benefactor \$1,000 And Above

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**Of Blessed Memory*

Operating Budget

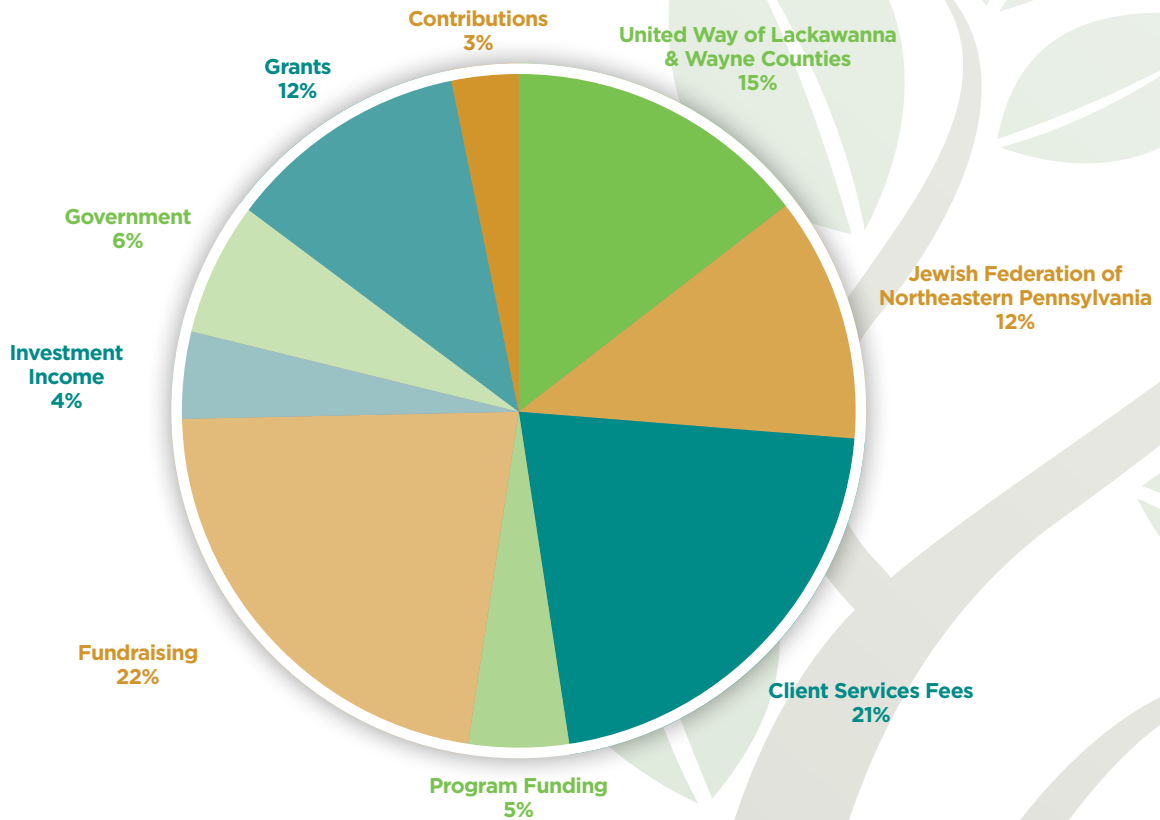
FISCAL YEAR JULY 1, 2016 TO JUNE 30, 2017

INCOME	UNITED WAY OF LACKAWANNA & WAYNE COUNTY	\$81,835
	JEWISH FEDERATION OF NEPA	\$66,000
	CLIENT SERVICE FEES	\$120,000
	GOVERNMENT	\$35,930
	PROGRAM FUNDING	\$27,099
	FUNDRAISING	\$125,200
	INVESTMENT INCOME	\$23,452
	CONTRIBUTIONS	\$18,000
	GRANTS & MISCELLANEOUS	\$65,200
	TOTAL INCOME	\$562,716
EXPENSES	SALARY EXPENSE	\$320,177
	HEALTH & WELFARE	\$123,970
	PROFESSIONAL EXPENSES	\$17,787
	PROGRAM EXPENSE	\$22,599
	AGENCY/FUNDING EXPENSE	\$6,000
	FUNDRAISING/FINANCIAL AID	\$20,500
	GENERAL EXPENSES	\$74,276
	TOTAL EXPENSES	\$585,309
	NET INCOME (LOSS)	\$(22,593)

Financial Information 2016/2017

SUPPORT & REVENUE

TOTAL: \$562,716



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Don Minkoff, LCSW



SOCIAL WORKER
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To Support Tomorrow"



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